



St. Joseph's Church Wilton

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The Gospel:

In today's Gospel, Jesus invites the people he has fed with bread to look beyond it. Recall that one of the Temptations Jesus rejected at the beginning of his ministry was to manipulate people into believing him by performing tricks with bread. It's what the multiplied bread **means**, the message it carries, that really matters. The bread is a **sign**. We need to look deeper. We need to develop a fresh, spiritual way of thinking.

International Day - Sunday 8th September

The parish is gearing up to celebrate our annual International Day. It's an opportunity for us as a parish to acknowledge that we are a **Family of Nations**. Already we have various nations committed to supporting the event. Some groups will take to the stage and show us some cultural delights but at least individuals can be part of the day and fly their flag by just cooking some local delight of their country.

So far we have received commitments from India, Philippines, Ukraine, Brazil, Eritrea, and Ireland. The more the better! Even if it is just to share with some cuisine from your country.



The Filipino community presenting a cheque to our parish charity for July "The Rainbow Club Cork Centre For Autism." In total, the parish has raised **€1,140** for the charity. Well done!

Liberia and the Catholic Church

Fr. Luigi is grateful for the appreciation he received from the people of Wilton parish and is also grateful that we have agreed to support the work of his brother in Liberia.

A video of Fr. Luigi speaking about his experience of his kidnapping is also available.



Our support for the SMA Fathers in Liberia to date amounts to €1,172.

World War One - The Irish Story

The SMA Folklore Project present their exhibition "World War One - The Irish Story". Commemorating the 110th anniversary of the "Great War", the exhibition puts a spotlight on how the war unfolded from an Irish perspective, particularly focusing on Cork.

The exhibition can be viewed in the Coffee Dock, in the Parish Centre.



Families for Christ

A new group in the parish, the Filipino Families of Christ are established in the parish and they will be participating in our International Family Fun Day.

Follow us on social media

SMA Church & Parish Centre, Wilton

smawilton

ENTRANCE ANTIPHON

O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.

PENITENTIAL ACT

You raise the dead to life in the Spirit:

Lord, have mercy. **Lord, have mercy.**

You bring pardon and peace to the sinner:

Christ, have mercy. **Christ, have mercy.**

You bring light to those in darkness:

Lord, have mercy. **Lord, have mercy.**

May almighty God have mercy..... **Amen.**

THE GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. **Amen.**



OPENING PRAYER

Draw near to your servants, O Lord, and answer their prayers with unceasing kindness, that, for those who glory in you as their Creator and guide, you may restore what you have created and keep safe what you have restored.

Through our Lord Jesus Christ,

✠ LITURGY OF THE WORD ✠

FIRST READING Exodus 16:2-4. 12-15

A reading from the First Book of Exodus

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to



EIGHTEENTH SUNDAY IN ORDINARY TIME

The bread of life - the Body of Christ - is often called "food for the journey". Each Mass is the occasion of God giving himself to us in Christ as a companion on our journey of life.

4th August 2024



death!

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them this way to see whether they will follow my law or not'.

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God." ' And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.

The word of the Lord. Thanks be to God.

RESPONSORIAL PSALM PS.77:3-4.23-25.54

R. The Lord gave them bread from heaven.

1. The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might. **(R)**
2. He commanded the clouds above He rained down manna for their food and gave them bread from heaven. **(R)**
3. Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand had won. **(R)**

SECOND READING Ephesians 4:17.20-24

A reading from St. Paul's letter to the Ephesians

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of

life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The word of the Lord. Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia! Man does not live on bread alone, but on every word that comes from the mouth of God. Alleluia!

GOSPEL John 6:24-35

A reading from the holy Gospel according to John

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered:

'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat.

Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.' Jesus answered:

'I tell you most solemnly, it was not Moses who gave you bread from heaven it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.'

'Sir,' they said 'give us that bread always'. Jesus answered:

'I am the bread of life. He who comes to me will

never be hungry; he who believes in me will never thirst.'

The Gospel of the Lord.

Praise to you Lord Jesus Christ.

NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

All bow for following three lines:

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. **Amen**

✠ LITURGY OF THE EUCHARIST ✠

PRAYER OVER THE OFFERINGS

Graciously sanctify these gifts, O Lord, we pray, and, accepting the oblation of this spiritual sacrifice, make of us an eternal offering to you. Through Christ our Lord.

AFTER THE CONSECRATION

Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.

COMMUNION ANTIPHON

You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste.

