



St. Joseph's Church Wilton

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ASH Wednesday – 5th March



Once again we invite members to be responsible to provide the palms that will be used for the Ash of Ash Wednesday. It is preferable if people have palm branches which were blessed last Palm Sunday, if these could be returned it would help in putting more meaning in the ritual of Ash Wednesday. If not, we would appreciate palm branches which have been withered being brought for the ceremony.

DIFFERENT TRADITIONS FOR LENT

Lent is the period during which the Passion of Jesus Christ is commemorated. Just as there are different denominations within Christianity, there are quite different Lenten traditions too.

One difference between Latin and Syro-Malabar Catholic traditions is the duration of Lent. While Latin Catholics observe Lent for 40 days (from Ash Wednesday to Easter Sunday, except all Sundays during this time), for Syro-Malabar Catholics Lent is fifty days long. The Syro-Malabar Lent commences on Ash Monday and continues on Sundays without pause. The Syro-Malabar community will celebrate their ceremony of Ash Monday on Monday at 6.15pm. All are welcome to attend.

Post Easter Parish Retreat

Members of the parish are planning a 3-day retreat at Ballyvaloo Retreat Centre, Co Wexford on **April 22nd to 25th April**. We need to guarantee at least 10 people to attend at the price quoted of €345 for 3 nights, full board and keep. We need to confirm if we are attending pretty soon.

Anyone who wishes to join the group should give their name to Sheila or Pauline as soon as possible. There is still space for at least two people.

Today's Gospel –The Language Of The Heart!

We know from experience that people can greet criticism with reactions that vary from eyebrows raising to nuclear war. How do you tell the truth to people without stealing their dignity or leaving them devastated? The Gospel says: "A man's words flow out of what fills his heart". Which leads to the question, what fills our hearts? What kind of heart is behind the way we criticize others?

9 things to tell yourself before bed tonight



I did my best today, and it's enough.



I am allowed to rest & recharge.



I can try again tomorrow.



I am grateful for any small wins today.



I release all negativity from my body.



Everything is working out.



My body is capable of healing.



I'm letting go of what I can't control.



I am PROUD of myself for SHOWING UP.

The Matt Talbot Novena begins on Tuesday March 11th at 7.30 pm in the Church of the Way of the Cross, Togher T12 E92



SMA Church & Parish Centre, Wilton



smawilton



A recent Donation of €1,000 was presented to Gorta by Father Micheal O' Leary.

Our Lenten Family of Churches Pilgrimage

Every year members of the Syro Malabar community undertake a short pilgrimage walk up Corrin Hill near Fermoy. It's a trail marked by the Stations of the Cross and it offers a panoramic view over East Cork. It is not an arduous climb and there will be refreshments at the end. It's an opportunity for the Syro Malabar, Eritrean and our community to connect as we prepare to celebrate Easter. We will solicit names from among our members nearer the date so that we can pool cars. **The date scheduled is Saturday afternoon before Holy Week.**

Parish Charity for February Irish Pilgrimage Trust

This weekend we conclude our support for the **Irish Pilgrimage Trust**. The group takes 126 children with additional needs to Lourdes. Nurses and carers pay their own way but an amount of €19,000 needs to be raised to fund the children. Donations can be placed in the wall boxes at the front of the church.

Collection to date €1,296.

ENTRANCE ANTIPHON

The Lord became my protector.
He brought me out to a place of freedom;
he saved me because he delighted in me.

PENITENTIAL ACT

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have
failed to do,
through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

May almighty God have mercy on us..... Amen.

Lord, have mercy. Lord, have mercy.

Christ, have mercy. Christ, have mercy.

Lord, have mercy. Lord, have mercy.

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise you, we bless you,
we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;

you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the
Father, have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

OPENING PRAYER

Grant us, O Lord, we pray, that
the course of our world may be
directed by your peaceful rule
and that your Church may rejoice,
untroubled in her devotion.

Through our Lord Jesus Christ,.....



✠ LITURGY OF THE WORD ✠

FIRST READING Ecclesiasticus 27:4-7

A reading from the Book of Ecclesiasticus



EIGHTH SUNDAY IN ORDINARY TIME

(Day of Prayer for Temperance)

2nd March 2025

What do we have to show for all the love God has shown us?
Are our words full of bitterness or sweetness?

In a shaken sieve the rubbish is left behind, so
too the defects of a man appear in his talk.

The kiln tests the work of the potter, the test of a
man is in his conversation.

The orchard where the tree grows is judged on
the quality of its fruit, similarly a man's words
betray what he feels.

Do not praise a man before he has spoken,
since this is the test of men.

The word of the Lord. **Thanks be to God.**

RESPONSORIAL PSALM Ps 91:2-3.13-16

R. It is good to give you thanks, O Lord.

1. It is good to give thanks to the Lord,
to make music to your name, O Most High,
to proclaim your love in the morning and your
truth in the watches of the night. (R)

2. The just will flourish like the palm-tree
and grow like a Lebanon cedar. (R)

3. Planted in the house of the Lord
they will flourish in the courts of our God,
still bearing fruit when they are old,
still full of sap, still green,
to proclaim that the Lord is just.
In him, my rock, there is no wrong. (R)

SECOND READING 1 Corinthians 15:54-58

A reading from St. Paul's first letter to the Corinthians.

When this perishable nature has put on
imperishability, and when this mortal nature has
put on immortality, then the words of scripture
will come true: Death is swallowed up in victory.
Death, where is your victory? Death, where is
your sting? Now the sting of death is sin, and
sin gets its power from the Law. So let us thank
God for giving us the victory through our Lord
Jesus Christ.

Never give in then, my dear brothers, never
admit defeat; keep on working at the Lord's
work always, knowing that, in the Lord, you
cannot be labouring in vain.

The word of the Lord. **Thanks be to God.**

GOSPEL ACCLAMATION

Alleluia, alleluia!

Open our heart, O Lord,

to accept the words of your Son.

Alleluia!

GOSPEL Luke 6:39-45

A reading from the holy Gospel according to Luke.

Jesus told a parable to his disciples, 'Can one
blind man guide another? Surely both will fall
into a pit? The disciple is not superior to his
teacher; the fully trained disciple will always
be like his teacher. Why do you observe the
splinter in your brother's eye and never notice
the plank in your own? How can you say to your
brother, "Brother, let me take out the splinter
that is in your eye, "when you cannot see the
plank in your own? Hypocrite! Take the plank
out of your own eye first, and then you will see
clearly enough to take out the splinter that is in
your brother's eye.

'There is no sound tree that produces rotten
fruit, nor again a rotten tree that produces sound
fruit. For every tree can be told by its own fruit:
people do not pick figs from thorns, nor gather
grapes from brambles. A good man draws what
is good from the store of goodness in his heart;
a bad man draws what is bad from the store of
badness. For a man's words flow out of what
fills his heart.'

The Gospel of the Lord.

Praise to you Lord Jesus Christ.

NICENE CREED

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

All bow for following three lines:
and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.



For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven and is seated at the
right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord,
the giver of life, who proceeds from the Father
and the Son,
who with the Father and the Son is adored
and glorified,
who has spoken through the prophets.
I believe in one, holy,
catholic and apostolic Church.
I confess one Baptism for the forgiveness
of sins and I look forward to the resurrection
of the dead and the life of the world to come. Amen

✠ LITURGY OF THE EUCHARIST ✠

Pray brothers and sisters,.....

May the Lord accept the sacrifice at your
hands for the praise and glory of his
name, for our good and the good of all his
holy Church.

PRAYER OVER THE OFFERINGS

O God, who provide gifts to be offered to
your name and count our oblations as signs
of our desire to serve you with devotion, we
ask of your mercy that what you grant as the
source of merit may also help us to attain
merit's reward. Through Christ our Lord.

AFTER THE CONSECRATION

When we eat this Bread and drink this
Cup, we proclaim your Death, O Lord,
until you come again.

COMMUNION ANTIPHON

I will sing to the Lord who has been
bountiful with me, sing psalms to the
name of the Lord Most High.

PRAYER AFTER COMMUNION

Nourished by your saving gifts, we beseech
your mercy, Lord, that
by this same Sacrament
with which you feed us
in the present age, you
may make us partakers
of life eternal. Through
Christ our Lord.



THE WORD
IS VERY NEAR