

# St. Joseph's Church Wilton

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## **SMA Journal for February**

"The SMA Journal" is a monthly production sharing various stories about the work of our SMA. In this edition, one item is from the SMA Folklore Project who made Brideógs, small dolls of Brigid to celebrate St. Brigid's Day. To view the video, scan the QR code with your phone





camera.





## **Living with Grief and Loss**

The parish is happy to announce that **SHEP** is hosting a program to provide adults with the opportunity to examine how loss, change or grief has impacted on their lives and provide knowledge, skills, and attitudes to understand and manage these experiences.

The program will commence on Wednesday 26th February at 7pm to 9.30pm in the Parish Centre. The program will run until the 30<sup>th</sup> April. There is no charge involved in participating in the program.

Contact on 021-4666180

https://www.socialandhealth.com/short-courses-inthe-community/

# **Bookkeeper Position**

We are looking for assistance for a number of hours per week with the preparation of accounts, VAT, income tax, and other statutory tax returns, payroll etc. Please email: info@wiltonparishcentre.ie for further details.

## **Parish Charity for February Irish Pilgrimage Trust**

The parish will be happy to receive further bags of clothes for Gorta. They have expressed appreciation for what they have already received, we will present a cheque for €1,000 to a representative of Gorta soon. This money was collected over the past month. Until the start of Lent (5th March) we will again support the Irish Pilgrimage Trust. The group takes 126 children with additional needs to Lourdes. Nurses and carers pay their own way but an amount of €19.000 needs to be raised to fund the children.

We have been a great support to the group over the past years and they are hoping for the same support this year. Donations can be placed in the wall boxes at the front of the church.

### **Second-hand Spiritual Books**

For a number of months we were blessed as a parish with the sale of second-hand spiritual books at the back of the church. A number of people parted with so many books that allowed the practice to continue for a number of months and from the sale of these books we realized good income for our Parish Charities and I also hope that our parishioners benefited from purchasing some of these books.

The source of these books is drying up and it would be nice if the practice could continue. If people who bought these books, when finished with them, could return them for resale, we could resell these books for other people to benefit from them, and to also continue to make funds for our charities. I think this effort was very much in keeping with a priority for our parish. We wish to encourage Adult Formation of our members.



**SMA Church &** Parish Centre, Wilton



smawilton

#### The Seven Wonders of the World

- 1. Make up your mind to be happy.
- 2. Learn to find pleasure in simple things
- 3. Don't take yourself too seriously.
- 4. You can't please everybody, so don't let criticism cripple you.
- 5. Be yourself and enjoy the things you enjoy doing.
- 6. Do what you can for those less fortunate than vourself.
- 7. Keep busy at something. A busy person never has time to be unhappy.

# The Six Types of Courage

Physical Courage: To keep going with resiliency, balance & awareness. Social Courage: To be yourself

unapologetically.

Moral Courage: Doing the right thing even when it's uncomfortable or unpopular

Emotional Courage: Feeling all your emotions

(positive & negative) without guilt or attachment.

Intellectual Courage: to learn, unlearn and relearn with an open & flexible mind. Spiritual Courage: Living with purpose & meaning through a heart centered approach

towards all life and oneself.

# **Folklore Lecture by Shane Lehane**

Shane Lehane will give a lecture to The Lough Flower & Garden Club in the SMA Parish Centre on Tuesday 25th February at 7.30pm. Shane has lectured in archaeology. folklore, history and the arts for over 30 years. He has

appeared on many television and radio programmes and is a regular contributor to the Today Show on RTE.

The lecture is open to visitors and the charge is €10.



#### **ENTRANCE ANTIPHON**

Be my protector, O God, a mighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.

#### GREETING

The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. And with your spirit.

#### PENITENTIAL ACT

You were sent to heal the contrite of heart: Lord, have mercy.

Lord, have mercy.

You came to call sinners:

Christ, have mercy. Christ, have mercy.

You are seated at the right hand of the Father to intercede for us:

Lord, have mercy. Lord, have mercy.

May almighty God have mercy on us... **Amen.** 

#### THE GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father,

you take away the sins of the world, have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.
For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit,

#### **OPENING PRAYER**

O God, who teach us that you abide in hearts that are just and true, grant that we may be so fashioned by your grace as to become a dwelling pleasing to you.

in the glory of God the Father. Amen.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of





It is all too easy to trust in our own possessions - and the more we have the easier it is. But they are all temporary. If we put our trust in the Resurrection and live in its spirit then we shall inherit eternal life.

16th. February 2025

the Holy Spirit, one God, for ever and ever.

#### 

FIRST READING Jeremiah 17:5-8 A reading from the prophet Jeremiah.

The Lord says this:

"A curse on the man who puts his trust in man, who relies on things of flesh whose heart turns from the Lord.

He is like dry scrub in the wastelands: if good comes, he has no eyes for it, he settles in the parched places of the wilderness, a salt land, uninhabited.

A blessing on the man who puts his trust in the Lord, with the Lord for his hope.

He is like a tree by the waterside that thrusts its roots to the stream: when the heat comes it feels no alarm, its foliage stays green;

it has no worries in a year of drought, and never ceases to bear fruit."

The word of the Lord. Thanks be to God.

RESPONSORIAL PSALM Ps. 1:1-4.6

# R. Happy the man who has placed his trust in the Lord.

- Happy indeed is the man who follows not the counsel of the wicked; nor lingers in the way of sinners nor sits in the company of scorners, but whose delight is the law of the Lord and who ponders his law day and night. (R)
- 2. He is like a tree that is planted beside the flowing waters, that yields its fruit in due season and whose leaves shall never fade; and all that he does shall prosper.

  (R
- 3. Not so are the wicked, not so! For they like winnowed chaff shall be driven away by the wind; for the Lord guards the way of the just but the way of the wicked leads to doom. (R)

SECOND READING 1 Corinthians 15:12. 16-20 A reading from the first letter of St. Paul to the Corinthians. If Christ raised from the dead is what has been preached, how can some of you be saying that there is no resurrection of the dead? For if the dead are not raised, Christ has not been raised, and if Christ has not been raised, you are still in your sins. And what is more serious, all who have died in Christ have perished. If our hope in Christ has been for this life only, we are the most unfortunate of all people.

But Christ has in fact been raised from the dead, the first-fruits of all who have fallen asleep.

The word of the Lord. Thanks be to God.

IAM

THE

GOSPEL ACCLAMATION
Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth, for revealing the mysteries

of the kingdom to mere children. Alleluia!



A reading from the holy Gospel according to Luke
Jesus came down with the Twelve and stopped at a piece of level ground where there was a large gathering of his disciples with a great crowd of people from all parts of Judaea and from Jerusalem and from the coastal region of Tyre and Sidon who had come to hear him and to be cured of their diseases.

Then fixing his eyes on his disciples he said: "How happy are you who are poor:

yours is the kingdom of God. Happy you who are hungry now: you shall be satisfied.

Happy you who weep now:

you shall laugh.

Happy are you when people hate you, drive you out, abuse you, denounce your name as criminal, on account of the Son of Man. Rejoice when that day comes and dance for joy, for then your reward will be great in heaven. This was the way their ancestors treated the prophets. But alas for you who are rich:

you are having your consolation now. Alas for you who have your fill now:

You shall go hungry.

Alas for you who laugh now:
you shall mourn and weep.

Alas for you when the world speaks well of you! This was the way their ancestors treated the false prophets."

The Gospel of the Lord.

Praise to you Lord Jesus Christ.

#### APOSTLES' CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord,

All bow for following two lines: who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell: on the third day he rose again from the dead: he ascended into heaven, and is seated at the right hand of God. the Father almighty: from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

#### **▼ LITURGY OF THE EUCHARIST ▼**

#### PRAYER OVER THE OFFERINGS

May this oblation, O Lord, we pray, cleanse and renew us and may it become for those who do your will the source of eternal reward. Through Christ our Lord.

### AFTER THE CONSECRATION

The mystery of faith.

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

#### COMMUNION ANTIPHON

They ate and had their fill, and what they craved the Lord gave them; they were not disappointed in what they craved.

#### PRAYER AFTER COMMUNION

Having fed upon these heavenly delights, we pray, O Lord, that we may always long for that food by which we truly live.

Through Christ our Lord.

